

Athena Society

B R I E F I N G S

April, 2013

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ATHENA SOCIETY

P.O. Box 10813
TAMPA, FLORIDA 33679

Upcoming Meeting

WHEN: Thursday, April 4
11:55 a.m.

WHERE: Centre Club
Westshore at Kennedy

PROGRAM: Dr. **Sylvia Richardson**
Young Women of Promise - Class of 2013

MENU: Greek Salad
(veg plate available on request when reserving)

COST: Guests - \$25

RSVP: By April 1 – Register online or
email ewhubbard@aol.com.



OPEN MEETING – GUESTS WELCOME

Since 1981 Athena has identified young women of promise, and this year's program continues this fine tradition and is sure to provide an uplifting and hopeful window into the future. Ten very special young women will be introduced, each outstanding in her own way. See page 3 for a list of those to be recognized.

Each honoree will comment on one accomplishment that has given her great satisfaction. You'll be inspired and impressed by their stories. Please join us and bring friends who'll enjoy meeting some truly incredible teens.



President's Message

Take a Risk

I am watching my great nephew navigate his first roll-over. As I am writing this, he has done it twice in 15 minutes – a sure sign that he realized the impact he had on the whoosh of movement that left him, head facing at the ceiling, with a silly grin on his little face. I applaud his success with coos and smiles, reassuring him that the risk and effort was worth the result, but I think his feeling of mastery over his environment was truly reward enough.

As we get older it seems we have more to protect, making even simple risks seem much greater. We protect our persona in the world; the one we have developed over the years; the way we see ourselves and the way we want others to see us.

We become sensitive not just to the risk of trying something new, but also to the risk of losing something gained. But it is taking that risk, stepping into a new experience that helps us to learn and grow.

That's probably why I loved the Valentine's Day card that came in the mail from Mason, Black & Caballero P.A. law partners (and some of our Athena sisters) last month. It was a fun, light reminder to step out and get the most out of life. Borrowing a William Purkey quote, it reminded us to "dance like there's nobody watching / Love like you'll never be hurt, / Sing like there's nobody listening, / And live like it's heaven on earth."

It reminds us that without taking risks, we risk losing the growth that new experiences bring. Like my great nephew we've got to take a risk to get the exhilarating whoosh of being in a new position with a new view of the world.

Here's to us, taking risks!



www.athena-society.com



2013 YWP Winners

Alicia Bishop	George S. Middleton High School
Briana Bursten	C. Leon King High School
Sarah Cimino	H.B. Plant High School
Kailey Fernandez	T.R. Robinson High School
Ana Gomez	A.P. Leto High School
Emily Harwell	Berkeley Preparatory School
Kellyanne Hurst	Plant City High School
Gabrielle Madden	Academy of the Holy Names
Isabelle Puppa	George Steinbrenner High School
Laury Rivera-Adorno	Freedom High School

News About Members

Congratulations to **Cynthia Gandee** on her recent marriage to Peter Zinober in a quiet ceremony performed by **Susan Bucklew**. Her new address is 1813 W. Richardson Place, Tampa 33606.

Luanne Panacek has been leading a busy life since retiring in October. She's created her own LLC called Perpetual Growth and is offering coaching, individual and group planning, therapeutic services and consultation in the area of children's programming. She's been appointed to the New Life Village Board, is volunteering at Community Stepping Stones, re-activated her mental health license and been certified in Comprehensive Energy Psychology, an area in which she's doing pro bono work to accrue practicum hours. Luanne can be contacted at Luanne.lu@verizon.net.

Calendar

- April 11 – Bonus – Tech teaching
- April 16 – Bonus – CAMLS tour
- April 20 – Bonus – Lowry Park Zoo
- May 1 – Bonus – Tampa Bay History Center
- May 2 – Luncheon meeting - Human and Sex Trafficking
- May 4 – Bonus – Riverwalk
- June 6 – Dinner meeting - Tampa Yacht Club
- June 15 – New member party
- July 26-28 – Retreat – Palm Beach Ritz-Carlton





Upcoming Bonus Events

April 16, 5-7 p.m. – Reception and Tour of CAMLS. The Bonus Committee is excited to announce an evening at the Center for Advanced Medical Learning and Simulation! CAMLS is a 90,000 square foot, state-of-the-art, three-story facility with every possible form of health professional education and training. CAMLS integrates simulation technology, aviation science, team training and evidence-based best practice into innovative programs with measureable outcomes. A CAMLS self-parking lot is located across Brorein Street with an entrance on Florida Avenue. Visit CAMLS at <http://www.camls-us.org>. \$10 cost covers refreshments; guests welcome.

April 20, 9:15 a.m. - Lowry Park Zoo. We have an exciting bonus opportunity to interact with the animals at Lowry Park Zoo, with admission waived! The zoo has created a private event just for us on Saturday April 20, in which Athena Society members, their children and friends will make toys for the animals, similar to the Russian dolls which open to reveal a series of smaller dolls. The children (and adults) will then be able to watch the orangutans open and interact with the toys they've made! The event lasts from 9:15 until 10:30 a.m. at which point guests are welcome to enjoy the zoo for the remainder of the day. Part of Lowry Park Zoo's mission is not just to care for the animals but also to enrich them with, for example, mentally stimulating toys. Athena also created this project in response to members who wanted to show their children the fun benefits of volunteering in a memorable way that will leave a lasting impact. The zoo has been kind enough to waive admission (usually \$17.50 for children and \$22.50 for adults). In exchange, and to show our support of a great cause, we are suggesting those who attend contribute \$10 per person as a donation to the zoo as well as to cover the costs of booking the Zoo School, buying craft materials and paying for staff time. This event is limited to the first 50 people who respond, including a maximum of 30 children.

May 1, 6-7 p.m. - Tampa Bay History Center. The Florida Wildlife Expedition, the 100 mile trek over 1,000 miles was made by three men and one woman. Come hear Mallory Lykes Dimmitt's environmental exploration of this amazing journey. Free, with cash bar. Register via our website or by calling 228-0097. Enjoy dinner afterwards in Columbia Café at the History Center. Questions may be directed to lleavengood@tampabayhistorycenter.org,

April Birthdays

Birthday wishes to the following members who celebrate in April:

Marsha Lewis Brown
Robin DeLaVergne
Anne Gormly
Maria Howey
Pam Iorio

Jan Roberts
Linda Saul-Sena
Eldra Solomon
Tina Tenret
Susan Zimmer



Community Action Committee Report

Congress Reauthorizes Two Critical Acts to Protect Women

By Joanne Lighter

President Obama signed the reauthorization of the Violence Against Women Act (VAWA) which also incorporated the Trafficking Victims Protection Act on March 8th, following a year of Congressional negotiation. Originally passed in 1994, this Act has helped decrease female deaths and harm by funding direct services for victims of domestic violence and sexual assault. The original funding provided safe shelter, training of law enforcement and maintenance of hotlines to connect victims with services.

The reauthorized bill will continue to help advocates decrease violence in the early stages and provides for increased services to lower the rate of domestic homicide. New provisions expand services for teens and young adults for prevention and intervention services through Teen Dating Violence initiatives. The bill also removes critical barriers for members of the lesbian, gay, transgender and bi-sexual community – all of whom face challenges in the legal and judiciary arenas. The bill strengthens federal penalties for repeat sex offenders and creates the federal “Rape Shield Law.” The bill calls for increased rates of prosecution, conviction and sentencing of offenders through community networks of law enforcement and prosecution units and the development of domestic violence dockets. It protects women from bearing the expense of receiving rape exams or protection orders and states that a victim’s protection order will be recognized and enforced in all state, tribal and territorial jurisdictions of the United States.

In the same bill, Congress also reauthorized the Trafficking Victims Protection Act that maintains protection for immigrants who experience domestic or sexual violence, as well as strengthening safety for victims of Trafficking. The bill expands protections for Native American women who experience some of the highest rates of violence in the country. VAWA extends protections through the tribal justice systems to bring abusers to justice regardless of their race or gender. In a poignant moment during hearings Representative Gwen Moore, Democrat of Wisconsin and a victim of domestic and sexual violence herself, spoke passionately about the need to pass the Senate’s bill. “I pray that this body will do as the Senate has done and come together as one to protect all women from violence,” Ms. Moore said. “As I think about the L.G.B.T. victims who are not here, the native women who are not here, the immigrants who aren’t in this bill, I would say, as Sojourner Truth would say, ‘Ain’t they women?’ ” “Ain’t they women?” she repeated emphatically.





Monthly Tech Tip - #1

A benefit of reading Athena news on the website is that you can respond to it.

- Kudos on your award!
- Congratulations and good luck in your new business!
- Hope your new book is a best seller.
- Anyone going to the (fill-in-the-blank-here), let me know and we can sit together.

When you are on the member welcome page, expand any news article by clicking on *more* or click on *View News* to see all the latest information. Click on the title of any article to see it in its entirety. Below the article, you will see a box titled *Leave a Reply*. Type in your message and hit submit. Kudos achieved!

Retreat Request

The Retreat Committee is planning the preparation of welcome bags and hopes to include gift certificates or other promotional items from our members! Please advise **Melinda Chavez** at melinda.chavez1@verizon.net or **Gail Golman Holtzman** at gholtzma@kasslaw.com if you are able to provide gift certificates for merchandise and/or services or have other items that can be included in the welcome bags. The Retreat Committee thanks you in advance for your generous donation!

See attached Save the Date reminder.

Members' Projects

Prevent Blindness Florida has been the state's leading sight saving organization since 1957. Headquartered in Pinellas County, PBF is seeking visionary community and business leaders who are willing to donate their time, treasure and talent in helping them expand their outreach so all citizens can enjoy healthy vision for a lifetime. They are looking to fill a number of board slots effective May 1. If you are interested, please contact **Lorna Taylor** (ltaylor@premier eyecare.net) or Jay Tobin at 784-8388 or jtobin@preventblindnessfl.org.

Bonnie Saks, Angela Crawford and **Jan Roberts** invite you to join them at the Earth Charter US Sustainable Business Award Luncheon being held in conjunction with the University of Tampa's Center for Ethics on April 12, 11:30 to 1 p.m. The event will showcase 13 companies in the Tampa Bay Area that are engaged with the triple bottom line—people, planet and profit. Celebrate with previous award winners and business professionals at this premier event to honor these sustainability leaders. Tickets are \$50; register online at www.earthcharterus.org or email jan@earthcharterus.org.